

# SEPTEMBER



# Portland Activity Calendar

# 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 <b>1</b> 10:00 AM - Exercise 10:30 AM - Cookies & Coffee 1:30 PM - Bingo <b>3:30 PM - Root Beer Float Social</b> 6:00 PM - In the Know Nightly News	<b>2</b> 10:00 AM - Exercise 10:30 AM - Yahtzee 1:30 PM - Movie & Popcorn 3:00 PM - Wii Bowling 6:00 PM - In the Know Nightly News	<b>3</b> 10:00 AM - Exercise 10:30 AM - Hangman <b>1:30 PM - Fancy Nails</b> 3:00 PM - Western Movies 6:00 PM - In the Know Nightly News	<b>4</b> 10:00 AM - Rosary & Communion 10:30 AM - Exercise 3:00 PM - Wii Bowling 6:00 PM - In the Know Nightly News	<b>5</b> 9:30 AM - Coffee & Donuts <b>10:00 AM - Mass</b> 11:00 AM - Music Trivia 1:30 PM - Bingo 3:00 PM - Crafts Corner 6:00 PM - In the Know Nightly News	<b>6</b> 3:00 PM - Wii Bowling 6:30 PM - Movie & Popcorn
<b>7</b> 6:30 PM - Movie & Popcorn	<b>8</b> 10:00 AM - Exercise 10:30 AM - Cookies & Coffee 1:30 PM - Bingo 3:00 PM - Left, Right & Center 6:00 PM - In the Know Nightly News	<b>9</b> 10:00 AM - Exercise 10:30 AM - Uno 1:30 PM - Movie & Popcorn 3:00 PM - Wii Bowling 6:00 PM - In the Know Nightly News	<b>10</b> 10:00 AM - Exercise 10:30 AM - Balloon Toss <b>1:30 PM - Fancy Nails</b> <b>3:00 PM - Booze &amp; Tattoos</b> 6:00 PM - In the Know Nightly News	<b>11</b> 10:00 AM - Rosary & Communion 10:30 AM - Exercise 3:00 PM - Wii Bowling 6:00 PM - In the Know Nightly News	<b>12</b> 9:30 AM - Coffee & Donuts 10:30 AM - Exercise 1:30 PM - Bingo 3:00 PM - Ladder Ball 6:00 PM - In the Know Nightly News	<b>13</b> 3:00 PM - Wii Bowling 6:30 PM - Movie & Popcorn
<b>14</b> 6:30 PM - Movie & Popcorn	<b>15</b> 10:00 AM - Exercise 10:30 AM - Cookies & Coffee 1:30 PM - Bingo 3:00 PM - Board Games 6:00 PM - In the Know Nightly News	<b>16</b> 10:00 AM - Exercise 10:30 AM - Yahtzee 1:30 PM - Movie & Popcorn 3:00 PM - Wii Bowling 6:00 PM - In the Know Nightly News	<b>17</b> 10:00 AM - Exercise 10:30 AM - Name that tune <b>1:30 PM - Fancy Nails</b> 3:00 PM - Sip & Paint 6:00 PM - In the Know Nightly News	<b>18</b> 10:00 AM - Rosary & Communion 10:30 AM - Exercise 3:00 PM - Wii Bowling 6:00 PM - In the Know Nightly News	<b>19</b> 9:30 AM - Coffee & Donuts 10:00 AM - Allison & PlayGroup 10:30 AM - Exercise 1:30 PM - Bingo 3:00 PM - Ladder Ball 6:00 PM - In the Know Nightly News	<b>20</b> 3:00 PM - Wii Bowling 6:30 PM - Movie & Popcorn
<b>21</b> 6:30 PM - Movie & Popcorn	<b>22</b> 10:00 AM - Exercise 10:30 AM - Cookies & Coffee 1:30 PM - Bingo 3:00 PM - Crafts Corner 6:00 PM - In the Know Nightly News	<b>23</b> 10:00 AM - Exercise 10:30 AM - Uno 1:30 PM - Movie & Popcorn 3:00 PM - Wii Bowling 6:00 PM - In the Know Nightly News	<b>24</b> 10:00 AM - Exercise 10:30 AM - Worship Sing Along <b>1:30 PM - Fancy Nails</b> 3:00 PM - Baking Club 6:00 PM - In the Know Nightly News	<b>25</b> 10:00 AM - Rosary & Communion 10:30 AM - Exercise 3:00 PM - Wii Bowling 6:00 PM - In the Know Nightly News	<b>26</b> 9:30 AM - Coffee & Donuts 10:30 AM - Exercise 1:30 PM - Bingo 3:00 PM - Ladder Ball 6:00 PM - In the Know Nightly News 6:30 PM - Campfire	<b>27</b> 3:00 PM - Wii Bowling 6:30 PM - Movie & Popcorn
<b>28</b> 6:30 PM - Movie & Popcorn	<b>29</b> 10:00 AM - Exercise 10:30 AM - Cookies & Coffee <b>2:00 PM - Monthly Birthday Party</b> 6:00 PM - In the Know Nightly News	<b>30</b> 10:00 AM - Exercise 1:30 PM - Movie & Popcorn 3:00 PM - Wii Bowling 6:00 PM - In the Know Nightly News	 <p><a href="http://www.BrookRetirement.com">www.BrookRetirement.com</a></p> <h2>The Brook</h2> <p>A Retirement Community with Assisted and Independent Living</p>			