



Big Rapids Activity Calendar



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|--|---|---|---|
| 1 10:00 AM - Go For A Walk With A Friend 2:00 PM - Church 3:00 PM - Uno In The Activity Room 6:00 PM - Movie | 2 10:00 AM - Chair Exercise W/ Glenna 2:00 PM - Bingo 6:00 PM - Movie | 3 10:00 AM - Coffee & Donuts 1:00 PM - Uno in the Activity Room 3:00 PM - Tic Tac Toe In a Bucket 6:00 PM - Movie | 4 10:00 AM - Men's Group 10:00 AM - Craft Hour 1:00 PM - Pool Games in the Billiards Room 2:00 PM - Bingo 6:00 PM - Movie | 5 9:30 AM - Personal Stretches for 10 minutes 10:00 AM - Bible Study W/ Dr. Stern 10:30 AM - Catholic Communion in D2 6:00 PM - Movie | 6 10:00 AM - Chair Exercises W/ Glenna 2:00 PM - Crazy Sevens 3:30 PM - Poetry W/ Bill 6:00 PM - Movie | 7 10:00 AM - Board Game in the Activity Room 1:00 PM - Go For a Walk W/ a Friend 1:00 PM - Cribbage in the Activity Room 6:00 PM - Movie |
| 8 10:00 AM - Go For A Walk With A Friend 2:00 PM - Church 3:00 PM - Uno In The Activity Room 6:00 PM - Movie | 9 10:00 AM - Chair Exercise W/ Glenna 2:00 PM - Bingo 6:00 PM - Movie | 10 10:00 AM - Sarah Bongard Family Singer 1:00 PM - Craft Hour ~ Valentine Cards 3:00 PM - Happy Hour 6:00 PM - Movie | 11 10:00 AM - Chair Exercises W/ Janet 1:00 PM - Pool Games in the Billiards Room 2:00 PM - Bingo 6:00 PM - Movie | 12 9:30 AM - Personal Stretches for 10 minutes 10:00 AM - Bible Study W/ Dr. Stern 10:30 AM - Catholic Communion in D2 2:00 PM - Go For A Walk 6:00 PM - Movie | 13 HAPPY VALENTINE'S DAY 10:00 AM - River The Dog Visits 1:00 PM - Fun Food ~ Create Valentine Tores 2:00 PM - Crazy Sevens 6:00 PM - Movie | 14 10:00 AM - Board Game in the Activity Room 1:00 PM - Go For a Walk W/ a Friend 1:00 PM - Cribbage in the Activity Room 6:00 PM - Movie |
| 15 10:00 AM - Go For A Walk With A Friend 2:00 PM - Church 3:00 PM - Uno In The Activity Room 6:00 PM - Movie | 16 10:00 AM - Chair Exercise W/ Glenna 2:00 PM - Bingo 6:00 PM - Movie | 17 10:00 AM - Soccer Ball In the Dining Room 1:00 PM - February Birthday Treat 2:30 PM - Yahtzee in the Activity Room 6:00 PM - Movie | 18 10:00 AM - Chair Exercises W/ Janet 1:00 PM - Pool Games in the Billiards Room 2:00 PM - Bingo 6:00 PM - Movie | 19 9:30 AM - Personal Stretches for 10 minutes 10:00 AM - Bible Study W/ Dr. Stern 10:30 AM - Catholic Communion in D2 2:00 PM - Go For A Walk 6:00 PM - Movie | 20 10:00 AM - Chair Exercises W/ Glenna 1:00 PM - Pamper Hour W/ FSU Cheer Team 2:00 PM - Crazy Sevens 3:30 PM - Poetry W/ Bill 6:00 PM - Movie | 21 10:00 AM - Board Game in the Activity Room 1:00 PM - Go For a Walk W/ a Friend 1:00 PM - Cribbage in the Activity Room 6:00 PM - Movie |
| 22 10:00 AM - Go For A Walk With A Friend 2:00 PM - Church 3:00 PM - Uno In The Activity Room 6:00 PM - Movie | 23 10:00 AM - Chair Exercise W/ Glenna 2:00 PM - Bingo 6:00 PM - Movie | 24 10:00 AM - Coffee & Donuts W/ Natalie 2:00 PM - Pool Games in the Billiards Room 6:00 PM - Movie | 25 10:00 AM - Go for a Walk W/ A Friend 1:00 PM - Pool Games in the Billiards Room 6:00 PM - Movie | 26 9:30 AM - Personal Stretches for 10 minutes 10:00 AM - Bible Study W/ Dr. Stern 10:30 AM - Catholic Communion in D2 2:00 PM - Go For A Walk 6:00 PM - Movie | 27 10:00 AM - Chair Exercises W/ Glenna 2:00 PM - Crazy Sevens 6:00 PM - Movie | 28 10:00 AM - Board Game in the Activity Room 1:00 PM - Go For a Walk W/ a Friend 1:00 PM - Cribbage in the Activity Room 6:00 PM - Movie |



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