

SEPTEMBER

Houghton Lake Activity Calendar

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		10:30 AM - Personal Stretches 1:00 PM - Adult Coloring in Activity Room	10:00 AM - Reptile Showcase 11:00 AM - Wii Sports Games! 1:00 PM - Trivia in Dining Room	10:30 AM - St Johns 11:00 AM - Mass 1:00 PM - Euchre Down C Hall	10:30 AM - Morning Stretches/ Exercise 11:00 AM - Pie Tasting 1:00 PM - Bingo	6:00 PM - Tigers Vs. Guardians Game
6	Labor Day! 7	8	9	10	11	12
9:30 AM - Church 2:00 PM - Board Games in Activity Room	10:00 AM - Cops & Donuts 11:00 AM - Crafts in activity Room 1:00 PM - Bingo	10:30 AM - Puzzles & Card Games 1:00 PM - Adult Coloring in Activity Room	10:00 AM - Moring Stretches 11:00 AM - Fall Crafts 1:00 PM - Bingo	10:30 AM - St Johns 1:00 PM - Euchre Down C Hall	10:00 AM - Painting W/ the Hamps 11:00 PM - Target Practice Games 1:00 PM - Bingo	Tigers Vs. Rockies Game 1:00 PM - Movie Night After Dinner
13	14	15	16	17	18	19
9:30 AM - Church 1:00 PM - Checkers	10:30 AM - Outing to MJ's Eatery 1:00 PM - Bingo	10:30 AM - Personal Stretches 1:00 PM - Board Games in Activity Room	10:00 AM - Moring Stretches 11:00 AM - Fall Crafts 1:00 PM - Bingo	10:30 AM - St Johns 1:00 PM - Euchre Down C Hall	10:00 AM - Yoga Ball Drumming 11:00 PM - Storytelling Hour & Donuts 1:00 PM - Music & Mocktails	Movie Night After Dinner
20	21	22	23	24	25	26
9:30 AM - Church 6:00 PM - Movie & Popcorn	10:00 AM - Chair Yoga W/ Candy 11:00 AM - Cornhole & Chat in Sitting Room 1:00 PM - Bingo	10:30 AM - Pool Billiards Room 2:00 PM - Cider Tasting W/ Shelby	10:00 AM - Morning Stretches 11:00 AM - Board Games in Sitting Room 1:00 PM - Crafts in Activity Room	10:30 AM - St Johns 1:00 PM - Euchre Down C Hall	10:00 AM - Yoga Ball Drumming W/ Music 11:00 PM - Target Practicce Games 1:00 PM - Bingo	Movie Night After Dinner
27	28	29	30	 www.BrookRetirement.com The Brook A Retirement Community with Assisted and Independent Living		
9:30 AM - Church 6:00 PM - Movie & Popcorn	10:00 AM - Donuts & Coffee 11:30 AM - Trivia 1:00 PM - Bingo 2:00 PM - Riggs & Tropic Visit	10:30 AM - Personal Stetches 1:00 PM - Air Hockey	10:00 AM - Morning Stretches 11:00 AM - Painting 1:00 PM - Bingo			