

SEPTEMBER

Roscommon Activity Calendar

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		11:00 AM - Chair Yoga 1:00 PM - Bowling W/ Bella	10:00 AM - Donuts & Coffee 11:00 AM - Chair Yoga 1:00 PM - Bingo	12:30 PM - Birthday Honors 1:00 PM - Walk W/ Your Neighbor Beauty Shop	Guessing Game 11:00 AM - Silver Silppers 1:00 PM - Games Outside W/ Peak Rehab	11:00 AM - Chair Yoga 2:30 PM - Movie & Popcorn
6	Labor Day! 7	8	9	10	11	12
12:30 PM - Games 2:00 PM - Church	1:10 PM - Tiger VS Minnesota Twins 1:00 PM - Skip Bo	11:00 AM - Chair Yoga 1:00 PM - Bowling W/ Bella 6:40 PM - Tiger VS Twins	10:00 AM - Donuts & Coffee 11:00 AM - Silver Slippers 1:00 PM - Balloon Volleyball 1:10 PM - Twins VS Tigers	2:00 PM - Bible Study 11:00 PM - Scrabble Beauty Shop	11:00 AM - Silver Silppers 2:00 PM - Jenga 6:40 PM - Tiger Vs Colorado 2:00 PM - Reminisce W/ Linda	11:00 AM - Chair Yoga 2:00 PM - Kitchen Treat 2:30 PM - Movie & Popcorn 1:10 PM - Tigers VS Colorado Happy Birthday Holly & Bard B!
13	14	15	16	17	18	19
12:30 PM - Adult Coloring 2:00 PM - Church 12:10 PM - Tiger VS Colorado	11:00 AM - Bingo W/ Kim 1:00 PM - Skip Bo 2:00 PM - High Flying Phiilies	11:00 AM - Chair Yoga 1:00 PM - Bowling W/ Bella 2:30 PM - Music in the Air	10:00 AM - Donuts & Coffee 11:00 AM - Silver Slippers 1:00 PM - Bingo	11:00 PM - Lavender Hands 1:00 PM - Rummy 6:40 PM - White Sox VS Tigers Beauty Shop	11:00 AM - Silver Slippers 2:00 PM - Brook University 6:40 PM - White Sox VS Tigers	11:00 AM - Chair Yoga 2:30 PM - Movie & Popcorn 6:10 PM - White Sox VS Tigers
20	21	22	23	24	25	26
12:30 PM - Adult Coloring 2:00 PM - Church 1:10 PM - Tiger VS White Sox	11:00 AM - Bingo W/ Kim 1:00 PM - Skip Bo W/ Kim 2:30 PM - Cardio Drumming 6:40 PM - Tiger VS Washington	11:00 AM - Chair Yoga 1:00 PM - Bowling W/ Bella 6:40 PM - Washington VS Tigers	10:00 AM - Donuts & Coffee 11:00 AM - Chair Yoga 1:00 PM - Arts & Crafts 1:10 PM - Washington VS Tigers	2:00 PM - Bible Study 2:30 PM - Music W/ Pete Jackson Beauty Shop	11:00 AM - Silver Slippers 2:00 PM - Immanuel Baptist Church Bible Study 6:40 PM - Pittsburgh Pirates VS Tigers	11:00 AM - Chair Yoga 2:30 PM - Movie & Popcorn 1:10 PM - Pittsburgh VS Tigers Happy Birthday Anne G!
27	28	29	30	 www.BrookRetirement.com The Brook A Retirement Community with Assisted and Independent Living		
12:30 PM - Adult Coloring 2:00 PM - Church	11:00 AM - Bingo W/ Kim 1:00 PM - Skip Bo W/ Kim 2:30 PM - Coffee Social	11:00 AM - Chair Yoga 1:00 PM - Bowling	10:00 AM - Donuts & Coffee 11:00 AM - Bingo Happy Birthday Bella!			